

Grief Relief Support Group

Going through the grieving process?

CSC is now offering a Grief Support Group. This is a flexible, cheerful, supportive, and confidential discussion to help individuals examine their personal losses, regardless of what they may be. Participants will learn to move through their own personal grieving process and emerge healthier and stronger.

*Led by Sylvia Hipp, LISW-CP.
Participants may bring a lunch or snack.*

No Sign-Up necessary

**2nd & 4th Wednesdays
11:30am-1:00pm**