



Water Aerobics

Water Aerobics
Begins Monday,
June 7th

*Sign Up TODAY at the
Front Desk.*



WATER AEROBICS SCHEDULE

at Maxcy Gregg Pool

Shallow water: *Mondays & Wednesdays: 10-10:45am*

Walking: *Mondays & Wednesdays: 10:45-11:30am*

Deep water: *Tuesdays & Thursdays: 10-11:00am*

Megan Weigand, instructor.

